Engage Britain talked to people across the country about their everyday experiences of the NHS and social care. Our survey of 4,000 people shows much of what they spoke about is happening on a larger scale:

- **77%** say the NHS makes them proud to be British.
- **85%** of people think NHS staff are overstretched but doing their very best.
- **27%** have recently felt dismissed by healthcare workers.
- **One in five** have gone private because they couldn’t get the NHS treatment they needed.
- **One in four** say waiting for treatment had a serious impact on their mental health.
- **18%** say problems getting care caused their elderly loved ones more stress towards the end of their lives.
- **31%** people struggled to know where to turn when they needed health treatment.
- **One in six** have had to fight to get social care.
- **One in five** of ethnic minorities have experienced racism by NHS staff.
- **Discrimination and second-rate care**
- **18%** of disabled people have experienced ableism when seeking healthcare.
- **71%** living in Britain think health and care services are underfunded.

Unpaid carers aren’t valued enough say **83%** of Brits.

Engage Britain held 101 qualitative 'community conversations' on the NHS and social care across England, Scotland and Wales in Jan-May 2021. We worked with Yonder to conduct a nationally representative survey of 4010 UK adults, exploring themes coming out of these conversations. Online fieldwork undertaken 5-8 July 2021.